

IOSS Therapist

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Reports to: IOSS Manager

The IOSS Therapist provides trauma-informed mental health therapy to youth clients of SLMH's Intensive Community Treatment Services (IOSS) program as well as providing crisis support and intake assessments. The IOSS Therapist is imbedded in the IOSS Treatment team and collaborates with team members on clinical details of treatment for the client and family/community systems.

Duties and Responsibilities:

Provide Mental Health Therapy to Clients

- Build therapeutic relationships and provide individual therapy to youth clients of the SLMH's IOSS program with emotional problems and/or psychiatric disabilities. Help these youth clients identify personal strengths and resources needed to acquire skills and supports while healing from past traumas and assist in developing and implementing culturally appropriate individualized and family plans in collaboration with other IOSS team members.
- Provide family support as necessary and appropriate, including providing support for parents and other caregivers of clients.
- Work with clients and IOSS Team members to provide therapy and support in the environment that provides the best opportunity for success. This may include conducting therapeutic sessions in the community or schools, over the phone, and/or conducting home visits as necessary and appropriate.
- Provide crisis service and assistance to other members of the IOSS team who are providing crisis support as needed during business hours.
- Conduct in-depth mental health assessments, intakes, and updates; develop individualized support plans; and document services as appropriate, both for assigned IOSS clients and for other IOSS clients as requested.
- Understand that many individuals have been traumatized and work to provide services from a culturally appropriate, respectful, trauma-informed perspective.

Participate in the IOSS Treatment Team

- Regularly attend IOSS team meetings, and collaborate with other IOSS team members to identify strategies to provide quality care to IOSS clients.
- Coordinate care with other members of the IOSS team, other providers, family members, courts, schools, etc. as required to assist the client in successfully meeting individual goals.
- Participate in Child and Family Team Meetings and work with adult care providers (parents, foster parents, teachers) when appropriate to assist with improving the family system.
- Coordinate with internal and external team members as necessary.
- Assess safety of self and others in community/home situations, respond to safety concerns, and coordinate with the team to ensure appropriate safety while seeing clients.

Complete administrative and continuing education responsibilities

- Schedule appointments with assigned clients, and coordinate and maintain appointment calendar.
- Complete all required paperwork, including notes on each session, individual client paperwork and annual assessments, in a timely manner.
- Meet requirements regarding productivity and dependability.
- Actively participate in both group and individual clinical supervision, as well as team and staff meetings.
- Engage in continuing education activities and trainings, maintain appropriate continuing education credits as required by board and licensure, and continually build therapeutic skills
- Participate in compliance and quality reviews as required.
- Positively represent SLMH in the community and with other service providers, and act as a liaison with other organizations or with internal committees/cross-departmental teams.
- Perform all duties in a respectful and responsible manner, with clients, their families and coworkers, and in a manner that meets all professional ethical standards.

- Additional duties as requested.

Qualifications:

Education and Experience:

- Master's degree in the related fields of therapy to include social work, professional counseling, or couples and family therapy.
- LCSW, LPC, or LMFT preferred.

Skills, Knowledge, and Abilities:

- Skill in building therapeutic relationships with clients in individual, family, or group settings and provide therapy within scope of training.
- Ability to conduct DSM 5 diagnoses and mental status examinations.
- Knowledge of theoretical frameworks for psychotherapy, as well as case management and skills training techniques and resources.
- Ability to determine appropriate treatment modalities and level of care for each client, including identifying when to focus on solution-oriented symptom management and when to focus on addressing underlying causes as the path to symptom reduction. Ability to write and implement an integrated service plan.
- Skill in de-escalating stressful situations and providing appropriate support to clients in crisis.
- Ability to clear conceptualize a case, and clearly communicate that conceptualization to others.
- Knowledge of best practice suicide risk assessment and safety planning techniques, and ability to assess health and safety risks.
- Ability to conduct mental health assessments according to standards set in Oregon Administrative Rules including identifying precipitating events, gathering histories, and assessing relationships.
- Strong oral communications skills, and ability to write in clear, clinically appropriate language.

- Ability to balance clinical, cultural, and ethical values, particularly as relates to client and staff needs.
- Ability to interact positively with people of all ages and cultural background.
- Ability to work both independently and as part of a collaborative team environment.
- Sound computer skills.

Working conditions and physical requirements:

- This is a physically active role, located in partially an office environment and partially in many community locations, including client homes, and requires regular interaction and engagement with youth. The employee is regularly required to talk or hear, walk, stand, communicate through speech, and use tools or controls. Occasional need to lift and/or move up to 25 pounds.
- Valid Driver’s License Required; travel between offices, client homes and community locations required multiple times per day and ability to respond to locations up to 50 miles a way in a timely fashion required.

Additional Information:

<i>Credentialing</i>	QMHP or LicQMHP
<i># of Positions</i>	3 (3 FTE)
<i>Exempt Status</i>	Exempt

Starting salary: \$53,025/Annually
Fully Benefit Eligible at 30 hours/week