**Assertive Community Treatment Therapist**

**About South Lane Mental Health:**
Located in Cottage Grove, Oregon, South Lane Mental Health is guided by an enduring commitment to provide individualized mental health services with compassion and respect. South Lane Mental Health’s staff of 100 provides a variety of therapeutic services to over 2,000 individuals in Cottage Grove and the surrounding community. Our employees have a wide range of backgrounds, educational attainment and skill sets. We strive to create an agency community characterized by empowerment, compassion and innovation.

**About the Position:**
South Lane Mental Health is seeking a therapist to join our Assertive Community Treatment program (ACT). A full time Qualified Mental Health Professional, the therapist works as a member of the ACT treatment team to help individuals with severe and persistent mental illness living in the community. The therapist will build helping relationships with clients, help clients identify personal strengths, provide talk therapy, resources needed to acquire skills and supports, and assist clients in developing and implementing individuals plans. The position will focus on documentation of the multi-disciplinarian team services, diagnostic and case conceptualization to the team and facilitating service reviews with clients and their natural supports. This position will particularly focus on clients with co-occurring mental health and substance use diagnosis, and with ensuring up to date documentation. This position requires at least one day of weekend work a week.

**Position Duties:**
- As a member of the multi-disciplinary ACT treatment team, build therapeutic relationships with clients and provide individual therapy to clients with severe and persistent mental illness, focused on those with co-occurring substance use disorders, in SLMH’s ACT program. Help clients identify personal strengths and resources needed to acquire skills and supports while healing from past traumas and assist in developing and implementing culturally appropriate individualized plans in collaboration with other ACT team members.
- Conduct in depth mental health assessments, intakes, and updates for ACT clients, develop individualized support plans, and document services as appropriate.
- Work with clients and team members to provide therapy and support in the environment that provides the best opportunity for success, including conducting therapeutic sessions in the clients home, in the community, over the phone, or in the office.
- Provide therapeutic support for clients in the community as they conduct daily living tasks, such as shopping, maintaining a household, or attending medical appointments.
- Work with clients to de-escalate and provide crisis services as required. Assist clients with navigating challenging situations such as relocations.
- Deliver and distribute medications to clients at client homes, or at the office as indicated in the client’s treatment plan.
- Provide skills and support for the client’s natural support network—family, landlords, employers, friends, etc.
- Understand that many clients have been traumatized and strive to constantly provide services from a respectful, trauma-informed perspective.
- Regularly attend ACT team meetings and rounds, and collaborate with other ACT team members to identify strategies to provide quality care to ACT clients. Actively participate in clinical supervision, as well as staff meetings.
- Coordinate care with other members of the ACT team, as well as other providers, families, courts, schools, etc. as required to assist the client succeed in meeting individual goals.
- Complete all required paperwork, including notes on each session and individual client paperwork, in a timely manner, and meet requirements regarding productivity and dependability.
- Participate in completeness and quality reviews as required.
- As required, positively represent SLMH in the community and with other service providers, and/or act as a liaison with other organizations or with internal committees/cross-departmental teams.
- Perform all duties in a respectful and responsible manner, both with clients and coworkers, and in a manner that meets all professional ethical standards.

**Position Requirements:**
- Master’s degree in the related fields of therapy to include social work, professional counseling, or couples and family therapy. CADC II is preferred.
- Ability to work at least one weekend day a week.

**Competencies:**
- Ability to respond calmly and professionally in high-stress situations and respond constructively to clients in a mental health crisis.
- Experience working with individuals with severe and persistent mental illness and/or substance use disorders.
- Complete a DSM 5 diagnosis.
- Conducting best practice suicide risk assessments and safety planning.
- Write and supervise the implementation of an intensive service plan.
- Ability to conduct in depth mental health assessments according to standards set in Oregon Administrative Rules including identifying precipitating events, gathering histories of mental and physical health, alcohol and drug use, past mental health services and criminal justice contacts, assessing family, cultural, social and work relationships, and conducting a mental status examination.
- Ability to balance clinical, cultural, and ethical values, particularly as relates to client and staff needs.
- Strong written and oral communications skills, and sound computer skills.
- Ability to interact with people of all ages and cultural background.
- Ability to work independently and as part of a team

**Benefits of Working for South Lane Mental Health:**
- Exceptional culture where employees are supported, trusted and treated as adults.
- 100% employer payment of health insurance for the employee.
- Dental, vision, and prescription drug insurance
- Generous Paid Time Off
- Robust Employee Assistance Program
- Opportunity to contribute to a 403(b) retirement account
- Opportunities for training and reimbursement for licensure and certification costs
• Administrative and clinical supervision, including that for licensure candidates

To Apply:
Please email resume and cover letter to employment@slmh.org

No phone calls, please.

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